

Declaration of interests



(Please note that high quality of scientific expertise is by nature based on prior experience and that therefore having an interest does not necessarily mean having a conflict of interest)

Name : **Katarzyna STOS**

Title: -

Profession : **Food technology and nutrition**

Current EFSA Involvements

- Registry of activities of former members of the Management Board

Interests

I. Financial investments

No interests

II. Managerial role

Period: **01/04/2011 - 01/01/2020**

Organisation: Institute of Food and Nutrition, Warsaw - IFN

Impact on annual earnings: **>25%**

Subject matter: Deputy Director of Safety of Food and Food Supplements.

Interest related to close family member: **No**

III. Member of a scientific advisory entity

Period: **01/01/2022 - now**

Organisation: Public Health Council at the Ministry of Health

Impact on annual earnings: **0%**

Subject matter: Expert. The Public Health Council has an opinion-making and advisory function for the Minister of Health.

Interest related to close family member: **No**

Period: **01/01/2017 - now**

Organisation: Sanitary Epidemiological Council at the Chief Sanitary Inspectorate

Impact on annual earnings: **0%**

Subject matter: Member. The advisory and opinion-making body for the Chief Sanitary Inspector in matters within the scope of activities on the State Sanitary Inspectorate (SSI).

Interest related to close family member: **No**

Period: **01/04/2015 - now**

Organisation: Working Group for Food Supplement within the Sanitary and Epidemiological Council at the Chief Sanitary Inspectorate

Impact on annual earnings: **0%**

Subject matter: Member, Chair from October 2015. The Group has advisory and opinion-making function in the area of food supplements.

Interest related to close family member: **No**

Period: **01/01/2016 - 01/03/2023**

Organisation: EFSA Scientific Network on Food Consumption Data NT/U/DATA/2017/02

Impact on annual earnings: **0%**

Subject matter: Member.

Interest related to close family member: **No**

Period: **01/01/2017 - 01/01/2021**

Organisation: Working Group for Food Supplements established by Resolution No. 4/2017 of the Public Health Council, Ministry of Health

Impact on annual earnings: **0%**

Subject matter: Member.

Interest related to close family member: **No**

IV. Employment

Period: **01/02/2020 - now**

Organisation: National Institute of Public Health NIH - National Research Institute - NIPH NIH - NRI

Impact on annual earnings: **>25%**

Subject matter: Head of Department of Nutrition and Nutritive Value of Food, Head of the laboratory.

Subject matter: food consumption survey, intake of nutrients, food additives, Dietary Reference Values, nutritive value of food, opinions on foodstuffs including food supplements, food safety, risk assessment, public health, lectures, training.

Interest related to close family member: **No**

Period: **01/04/1993 - 01/01/2020**

Organisation: IFN

Impact on annual earnings: **>25%**

Subject matter: Head of the Unit of Safety of Foods for Special Dietary Uses (July, 2002 - January, 2020), Head of the Department of Food Safety (February, 2008 - March, 2011), Head of the Department of food and food supplements (April, 2011 - January, 2020), Deputy Director for Food Safety and Food Supplements (April, 2011 - January 2020). Subject matter: prevention of dietary related diseases, Dietary Reference Values, intake of vitamins, minerals, food activities, food consumption survey, opinions on foodstuffs including food supplements, food for special dietary uses, novel foods.

Interest related to close family member: **No**

V. Occasional consultancy

Period: **01/01/2008 - now**

Organisation: Advisory Team for Food Supplements at the Office for Registration of Medical Devices and Biocidal Products in Warsaw

Impact on annual earnings: **>0% but <5%**

Subject matter: Expert in the area of food supplements.

Interest related to close family member: **No**

Period: **01/01/2023 - now**

Organisation: Warsaw University of Life Sciences

Impact on annual earnings: **>0% but <5%**

Subject matter: Occasional lectures on food supplements (2 times per year).

Interest related to close family member: **No**

VI. Research funding

Period: **01/01/2020 - 01/12/2021**

Organisation: Chief Sanitary Inspectorate (Contracts between NIPH NIH - NRI and the Chief Sanitary Inspectorate)

Subject matter: Monitoring of intake of selected food additives from the diet in Polish population.

Interest related to close family member: **No**

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

Additional Info:

Period: **01/01/2018 - 31/12/2023**

Organisation: Chief Sanitary Inspectorate (Contract between IFN and the Chief Sanitary Inspectorate)

Subject matter: Scientific opinions on the maximum levels of selected vitamins and minerals used in food supplements.

Interest related to close family member: **No**

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

Additional Info:

Period: **01/01/2018 - 01/01/2020**

Organisation: Chief Sanitary Inspectorate (Contracts between IFN and the Chief Sanitary Inspectorate)

Subject matter: Monitoring of intake of the selected food additives from the diet in Polish population.

Interest related to close family member: **No**

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

Additional Info:

Period: **01/04/2024 - now**

Organisation: Narodowy Instytut Zdrowia Publicznego - PZH - Państwowy Instytut Badawczy

Subject matter: Contract between NIPH NIH - NRI and Medical Research Agency (Warsaw, Poland) titled Dietary and food-related risk factors for multimorbidity in diet-related diseases and evaluation of the impact of nutrition education on changing dietary habits and improving health parameters in the prevention of multimorbidity in the adult population in Poland.

Interest related to close family member: **No**

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

Additional Info:

Period: **01/01/2018 - now**

Organisation: The Ministry of Science and Higher Education in Poland (Decision No. 3876/E-220/S/2018-1 financial support for maintenance of research potential of IFN)

Subject matter: Support for studies on dietary habits, nutritional status and physical activity in Polish population.

Interest related to close family member: **No**

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

Additional Info:

Period: **01/01/2016 - 01/01/2020**

Organisation: National Health Program - Ministry of Health (Contracts between IFN (until January 2020)/NIPH NIH - NRI (from February 2020) and Ministry of Health)

Subject matter: Updating of the Dietary Reference Values for the Polish population.

Interest related to close family member: **No**

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

Additional Info:

Period: **01/01/2019 - 01/01/2021**

Organisation: Contract between IFN (January 2019-January 2020)/NIPH NIH - NRI (February 2020-January 2021) and GRANA Sp. z o.o., which implements the objective of Priority Axis 1 Knowledge Economy, Measure 1.2 research and innovation in enterprises. Sub measures 1.2.1 Research and development projects of enterprises under the Regional Operational Program of the Malopolskie Voivodeship for 2014-2020

Subject matter: Development of a cereal coffee recipe for children aged 2-3 years.

Interest related to close family member: **No**

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

Additional Info:

Period: **01/07/2021 - now**

Organisation: Narodowy Instytut Zdrowia Publicznego - PZH - Państwowy Instytut Badawczy

Subject matter: Contract between NIPH NIH - NRI and Ministry of Health in the area of food quality, dietary survey

Interest related to close family member: **No**

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

Additional Info:

Period: **01/01/2016 - 01/03/2023**

Organisation: European Food Safety Authority (Contracts between IFN and EFSA No OC/EFSA/DATA/2015/03 CT 2 (Lot 1) and OC/EFSA/DATA/2015/03 CT 3 (Lot 2))

Subject matter: Support to National Dietary Surveys in Compliance with the EU Menu methodology (fifth support) Lot 1 - "The children's survey", including subjects from three months up to 9 years old Lot 2 - "The adult's survey", including subjects from 10 to 74 years old.

Interest related to close family member: **No**

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

Additional Info:

Period: **01/01/2022 - 31/12/2025**

Organisation: National Health Program - Ministry of Health (Contracts between IFN (until January 2020)/NIPH NIH - NRI (from February 2020) and Ministry of Health)

Subject matter: Updating of the Dietary Reference Values for the Polish population.

Interest related to close family member: **No**

Does the funding received from the private sector during the two years preceding the submission of the ADol exceeds 25% of the total research budget that is managed by you for the area under concern: **No**

Additional Info:

VII. Intellectual property rights

No interests

VIII. Other memberships or affiliations

Period: **01/01/2018 - 01/01/2020**

Organisation: Scientific Forum at the Polish Federation of Food Industry Union of Employers (PFFI UE)

Impact on annual earnings: **0%**

Subject matter: Member of the Scientific Forum. The goal is exchange of information between science and food industry in the field of trends, solutions, technologies and research.

Interest related to close family member: **No**

Period: **01/01/2024 - 01/01/2027**

Organisation: Polish Society of Nutritional Sciences

Impact on annual earnings: **0%**

Subject matter: Member of the Management Board.

Interest related to close family member: **No**

Period: **01/01/2021 - now**

Organisation: Task force on Maximum Amounts of vitamins and minerals in food supplements and fortified foods, European Commission

Impact on annual earnings: **0%**

Subject matter: Member, expert.

Interest related to close family member: **No**

Period: **01/01/2015 - 01/01/2019**

Organisation: Polish Society of Nutritional Sciences, Warsaw Branch

Impact on annual earnings: **0%**

Subject matter: Member of Management Board.

Interest related to close family member: **No**

Period: **01/01/2020 - 01/01/2023**

Organisation: Polish Society of Nutritional Sciences, Warsaw Branch

Impact on annual earnings: **0%**

Subject matter: Member of the Management Board.

Interest related to close family member: **No**

Period: **01/09/2021 - 29/09/2025**

Organisation: Scientific Council of the 21st term at the National Institute of Public Health NIH - National Research Institute

Impact on annual earnings: **0%**

Subject matter: Member.

Interest related to close family member: **No**

Period: **01/01/2017 - 01/01/2020**

Organisation: Scientific Council at the Institute of Food and Nutrition

Impact on annual earnings: **0%**

Subject matter: Member.

Interest related to close family member: **No**

Period: **01/10/2016 - 01/12/2019**

Organisation: Polish Journal of Human Nutrition and Metabolism

Impact on annual earnings: **0%**

Subject matter: Deputy Editor-in-chief. The journal was dedicated to research related to the scientific issues of human nutrition, dietary related disease and dietetics.
Interest related to close family member: **No**

Period: **01/04/2011 - now**
Organisation: Polish Society of Nutritional Sciences
Impact on annual earnings: **0%**

Subject matter: Member. Goals and objectives of the Society are dedicated to matters of nutritional science.
Interest related to close family member: **No**

Period: **01/01/2019 - now**
Organisation: Polish Council for Control of Iodine Deficiency Disorders
Impact on annual earnings: **0%**

Subject matter: Member. The goal of the Council is to solve the problem of iodine deficiency in Poland.
Interest related to close family member: **No**

Period: **01/04/2020 - now**
Organisation: Annals of the National Institute of Hygiene
Impact on annual earnings: **0%**

Subject matter: The member of the Editorial Board in the field of nutrition. The journal is dedicated to research related to the scientific issues of food and water safety, nutrition, environmental hygiene, toxicology and risk assessment, public health and other related fields.
http://wydawnictwa.pzh.gov.pl/roczniki_pzh/
Interest related to close family member: **No**

IX. Other relevant interest

No interests

User Agreement

I confirm that:

- I think I do not have a conflict of interest with respect to my activity(ies) at EFSA
- ~~I think I have a conflict of interest with respect to my activity(ies) at EFSA~~

Remarks: -

I hereby declare that I have read the [EFSA Decision on Competing Interest Management](#) implementing EFSA's Policy on Independence and that the above declaration is truthful and complete.

Submitted on: 18-03-2026 - 13:08 (UTC)

Signature: SIGNED

Note regarding the processing of personal data

EFSA processes all Declarations of Interests (DoIs) in accordance with Regulation (EU) 2018/1725. DoI processing is necessary in order to safeguard the independence of EFSA and enable the Authority to carry out its mission and comply with its obligations under Regulation (EC) No 178/2002.

The Executive Director of EFSA is the data controller with respect to the handling of DoIs.

Concerned individuals have the right to access, rectify, erase and object to the processing of their ADoI at any time. Nevertheless, for certain categories of individuals (e.g., experts), it may be a mandatory requirement to submit a DoI to EFSA so as to verify the absence of conflicts of interests and thus protect the independence of EFSA. Concerned individuals will be contacted if EFSA becomes aware of information that is not consistent with the declared interest such as on the occasion of compliance monitoring activities outlined in the relevant [Standard Operating Procedure](#).

Certain ADoIs shall be made publicly available in accordance with Article 38(1)(d) of Regulation (EC) No 178/2002. Furthermore, ADoIs may be transferred to bodies in charge of monitoring, auditing or inspection in conformity with EU Law.

The conservation period for ADoIs per category of data subjects is 10 years from the date of submission of the relevant ADoI.

Concerned individuals may direct any queries regarding personal data processing by EFSA to the data protection officer DataProtectionOfficer@efsa.europa.eu. They are entitled to submit a complaint at any time to the European Data Protection Supervisor: <http://www.edps.europa.eu>

The legal basis for ADoI processing is provided for in Articles 22, 37 and 38 of Regulation (EC) No 178/2002.